

A white dove is shown in flight, its wings spread wide, flying over an open book. The background is a soft, hazy landscape with a green field and a blue sky. The text is overlaid on the image in various colors and fonts.

Infilling of the Holy Spirit

Deliverance, Inner Healing, Divine Mercy Novena and Come to Me Novena

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THE ANGELUS PRAYER

V. The Angel of the Lord declared unto Mary.

R. And she conceived of the Holy Spirit.

Hail Mary, etc.

V. Behold the handmaid of the Lord.

R. Be it done unto me according to thy word.

Hail Mary, etc.

V. And the Word was made Flesh.

R. And dwelt among us.

Hail Mary, etc.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

LET US PRAY

Pour forth, we beseech Thee, O Lord, Thy grace into our hearts, that we to whom the Incarnation of Christ Thy Son was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection. Through the same Christ Our Lord. Amen.

How to solve almost all problems?

Please do the Daily Prayers and Homework (p. 97-112) to grow in your spiritual life, to prevent self destruction and get all blessings from the Lord. All together there are 20 categories of prayers in three groups such as Personal prayers, common prayers and special prayers. And please practice 5 homework too.

1. 20 Prayers - P-97- 103
2. Homework1 Four ways to love God - P-104-105
3. Homework2 - 4 methods - P-105-106
4. Homework3 - 5 Principles - P-107
5. Homework4 - Ten sources of healing - P-107-109
6. Homework5 - 20 ministries - P-110-111

Please make use of all these provisions which God has arranged in the Church and in the world to heal you! And do all Daily Prayers and Homework from this prayer book (p 97-112) to establish a wonderful relationship with Jesus, to grow in your spiritual life and to get all blessings, all authorities and to enjoy all grades of relationship with the Lord. Therefore this book is centered around, relationship with Jesus, fellowship with Holy Spirit and Worship of Almighty God.

Infilling of the Holy Spirit

The infilling is a gift offered to the children of God and is the "power from on high" (Luke 24:49) which Jesus promised to His disciples. Also called the baptism in the Holy Spirit, the infilling is received through faith and prayer and may be accompanied by the laying on of hands. Results of receiving the infilling include power to overcome sin, boldness to witness, divine comfort, sweet fellowship with Him, and a fuller manifestation of spiritual gifts.

Rekindle your Holy Spirit to solve all your problems and enjoy good health, peace and prosperity throughout your life.

You could have problems in six areas of your life. The Six areas are:

1. Body 2. Soul 3. Mind 4. Family 5. Finances 6. Diabolical bondages Job 5:19

In these areas you are in need of deliverance and healing. Through the rekindling of the Holy Spirit you will be able to get healing and deliverance in these six areas of your troubles. These prayers in this book will help you to rekindle the Holy Spirit.

- Rekindle your Holy Spirit- 2 Tim 1: 6.

- Mt 6:33-Seek the Kingdom of God first, all things will be given freely.
- Rom 14:17-What is the Kingdom of God? It is life in the Holy Spirit.
- 1 Cor.3:16 , 6:19. You are the Temple of the Holy Spirit.

Then why do you need rekindling?

The Holy Spirit becomes inactive in a person because of three actions:

- Hatred - due to the presence of the Evil Spirit (I Samuel 16:14)
- Mortal & Venial Sins (1 Jn.5:16-17) and
- Violation of the promise made to God- e.g., Samson (Judges 16:19-21)

Since you are the temple of the Holy Spirit (1 Cor 3:16, 6:19) it is essential to rekindle the Holy Spirit already innate in you and ignited through baptism.

SIX PHRASES IN THE BIBLE TO DENOTE INFILLING WITH THE HOLY SPIRIT

1. Rekindling of the Holy Spirit-2 Tim 1:6,
2. Born again Jn.3: 3-5,
3. Anointing of the Holy Spirit-1 Jn.2:27,
4. Infilling of the Holy Spirit - Acts2: 4, 4:31,
5. Baptism in the Holy Spirit-Acts 1:5,
6. Growing in the Spirit-Lk 2:52.

ONGOING INFILLING WITH THE HOLY SPIRIT

- Genesis 2:7-God breathed into the nostrils of Adam.
- Joel 2:28, Acts 2:28- General promise of infilling. End times means the time after the coming of Christ (Heb. 1:1)
- Jn 1:33, Lk 3:16- Jesus will baptise you with Holy Spirit and Fire.
- Jn.20:23-Jesus breathed upon them and told them to receive the Holy Spirit.
- Lk 24:49 and Acts 1:4 Wait in the city until you receive the Holy Spirit.
- Acts 1:5 and 8 Very shortly you will be filled with the Holy Spirit and You will be my witnesses in Samaria, Jerusalem and the ends of the world.
- Acts 2:1-4- They were filled with the Holy Spirit on Pentecost day.
- Acts 2:38-You and your children will receive the Holy Spirit.
- Acts 4:31- Re-infilling of the Holy Spirit.
- Acts 10:44-48 - Pentecost for the gentiles.
- Acts 19: 1-7 - Laying on hands by an anointed person is a means of infilling with the Holy spirit.

PURPOSE OF THE INFILLING WITH THE HOLY SPIRIT

- You will do greater things than I did because I am not with you but go to heaven. (Jn 14:12)
- For the common good. (1 Cor 12:7) To build up the Church and they are tools for evangelization.
- Charism will continue until all will come to the fullness of the knowledge of Christ and become one in Christ. To bring all into the fullness of knowledge and oneness of faith (Eph.4:11-12). In Christ the fullness of deity dwells bodily. (Col 2:9)
- For perfection - A pen is perfect when it serves its purpose. Be perfect as your heavenly Father is perfect. (Mt 5:48)
- To fulfill the task in the Church (Lk 4:18) He has anointed me to preach the good news to the poor. Acts 1:8 when the Holy Spirit comes upon you, you shall be witnesses to me to the end of the earth.
- To glorify Jesus. (Jn.16:14)

13 BENEFITS OF THE INFILLING WITH THE HOLY SPIRIT

1. Our relationship with God and human beings will be changed. God is our real

father (Rom,8:14-17) and mother (Is. 66:13) and (CCC370)others are brothers and sisters in Christ (1Th.5:1-2). Jesus will become our savior (Acts 4:12) and the Holy Spirit will become the real helper (Jn.15:26).

2. Jesus is Lord. We will declare that He is Lord (1Cor.12:3). Nobody can say that Jesus is Lord except by the power of the Holy Spirit. If you do not declare that Jesus is Lord you may not be saved (Rom. 10:9).
3. Faith will perform miracles - (Mk16:17-18) -You will be able to do the five things mentioned for the benefit of all. You will move mountains (Mk 11:23).
4. You will learn the scripture, traditions and Magisterium of the Church without any mistake. Anointing will teach you everything (1 Jn. 2:27, Jn14:26).
5. Receive gifts (Is 11:2) fruits (Gal 5:22- 23) and charisms (1Cor.12:8-12, Eph. 4:11). The devil also gives the same charisms and powers like healing but there are no good fruits (Gal. 5:22-23), only bad fruits will emerge (Gal5:19 21).
6. It is easy to love God with all your heart, with all your soul and all your might

(Dt.6:5) All things work together for the good of those who love God (Rom. 8:28).

7. Your memory will increase. The Holy Spirit will remind you of the teachings of Jesus (Jn.14:26).
8. Aim in life will be given (Mt.16:24-26). To save your soul, take up your cross and follow Christ.
9. Forgiveness is easy. You cannot forget the offences but you will remember the offences without pain. Love of God is poured out into our hearts by the Holy Spirit (Rom. 5:5). We will be able to love others as God loves them.
10. Filled with joy and peace, inner healing will take place. Your sorrows will be turned into joy (Jn.16:20).
11. Prayer pattern will be changed with varieties. Long prayers will not be monotonous (Rom. 8:26).
12. Healing and rejuvenation in the Spirit will take place. If healing does not take place, you will get the gift of joyful suffering (2Cor.12:9).
13. You will be successful in all fields of activities - business, studies, ministry, family life and profession.

NINE WAYS TO REKINDLE THE HOLY SPIRIT

1. Repentance: Mk. 1:15 The kingdom of God is at hand; enter into it by repentance and faith. In sincere repentance combined with fervent charity overrules all punishments of sins (CCC1472).
2. Reconciliation: Acts:8:21-23 Unless you repent your wickedness and attain purity of heart you will not have a share in the gift of the Holy Spirit.
3. Faith in Jesus: Jn:7:37-39 Out of the believer's heart shall flow rivers of living water. Acts 2:38-39. You, your children and all who are afar will receive the gift of the Holy Spirit. Jn 1:12 All who receive Him and believe in Him are empowered to become the children of God.
4. Prayer: Pray according to the magisterial teaching and try to reach in contemplation by using all six forms of prayers such as blessing, adoration, petition, intercession, thanksgiving and praise (CCCC. 550-556) and also by using all three expressions of prayers such as vocal prayers, meditation and Contemplation (CCCC. 569-571). Above all, prayer is a filial relationship with the Triune God, through which all desires and intentions are fulfilled (CCCC.534).

5. Try to live according to the Word of God and Magisterium of the Church: Acts 10:44-48, Jn. 20:30, CCC 19.
6. Sacraments: Especially the Mass and confession (CCC 146). Lk. 3:21 Baptism of our Lord. Anointing with oil: 1Samuel 10:1(Saul) and 1Samuel 16:13 (David).
7. Practicing mercy and compassion: (Lk 6:36, Mt 5:7) St. Faustina said you will get supernatural gifts, if you are merciful in action and prayer. Do 14 works of mercy (CCC Appendix B).
8. Receiving the laying on of hands: Acts 8:17 and 19:6 -CCC 265, 2Tim 1:6.
9. Sufferings: Lk 12:50 - Jesus considered suffering as a Baptism for the redemption of the humanity. 2 Cor 9:12 – Paul considered suffering as a means of revelation from God and manifestation of the power of the risen Christ in him. Rom 8:28 – All sufferings will be turned for good for those who love God. CCC 57 – God is in no way directly or indirectly the cause of suffering. CCC 72 – In the original plan of God, Man should not suffer or die. CCC 418 – Suffering, death, powerlessness, ignorance, concupiscence are the result of the original sin. CCC 1264 – Suffering, death, ignorance, character weakness and concupiscence are the

temporal punishments of the original sin which are not cancelled by baptism. CCC 1521 – Suffering is a consequence of original sin. GS 13 – Many of the human sufferings are not from God, the good Creator. By faith in Christ Jesus and grace from God along with sincere prayers anyone can be set free from the bondage of suffering. CCC 2448 – Human suffering in various forms elicited the compassion of Jesus and he took it upon his body and set the humanity free from suffering. All those who believe in Him can personally attain freedom from suffering. CCC 311 – God never gives suffering but allows it. Freedom of choice is the origin of evil. CCC 312 – God will change all our sufferings for our favour and for the glory of God through our request and patiently being with the suffering Lord. CCC 314 - But nobody can overrule the vicarious aspect of the human suffering, though healing is a sign of the Kingdom of God. Then suffering can be a means of self purification and means of salvation for oneself and others (Col 1:24).

MINISTRIES IN THE CHARISMATIC RENEWAL MOVEMENT

Inspired by the Holy Spirit, His gifts are received in order to serve the Holy Church

in various ministries (CCCc160).

1. Apostolic Ministry - Bishops
2. Priestly Ministry
3. Ministry of the religious / consecrated
4. Preaching Ministry-1 Cor 9:16, Rom10:15 How beautiful are the feet of all those who preach the gospel.
5. Counseling Ministry – Sir. 25:4-5
6. Intercession Ministry-1Tim. 2:1-3
7. Physical Healing Ministry - Mk.16:18, Temple of God- Human body-1Cor.3:16 – must be healed. To some God has given the gift of healing (CCC 1508).
8. Inner Healing Ministry
9. Deliverance Ministry Lk 13:10-17
10. Financial Healing Ministry Josh 1:8, Dt28:1-14
11. Family Healing Ministry Acts.16:31& 37.
12. Volunteers-Parish, Retreat Centres, Institutions
13. Teachers of Catechism
14. Organisers of Prayer Groups, Bible Conventions, Retreats etc.
15. Service Ministry - Old Age Home, Home for Destitute Health Centres, Food distribution
16. Music Ministry or Praise and Worship

Ministry - 2 Kings 3:15

17. Ministry of Testimony-Acts. 1:8.

18. Promotional Ministry - Promoting people to attend retreats - James 5:20.

19. Media Ministry - Literature, Audio Visual, Bible Distribution etc.

20. Tithing of time, talent and treasure. Phil.4:16-20, Mal. 3: 8-10, Gen.14:17-

Three Essentials needed for Ministries

1. A burning desire to do the Ministry - 2 Cor. 5:14-Christ's love compels us.

2. The approval of the Church - Gal. 2:1-10 (Bishop/Priests), Rom, 13:, Heb, 13:17,

3. Produce good results of the Ministry- Mt.7:17, Jn.15:16.

Enemies of the anointing of the Holy Spirit (CCCC Appendix B)

1. Pride

2. Covetousness

3. Lust

4. Anger

5. Gluttony

6. Envy

7. Sloth

8. Environmental pollution

EIGHT SETS OF PRAYERS FOR EVERYDAY TO REKINDLE THE HOLY SPIRIT (Ashtanga Prayer) after the Angelus Prayer (P-2)

I. Consecration prayer	15
II. Prayer for all	18
III. Protection and Deliverance Prayer	18
IV. Five Personal Prayers with Chaplet	23
V. Pray the Rosary	31
VI. Reading the daily Gospel	31
VII. Meditation for five minutes	31
VIII. Eucharistic Participation	32

1. CONSECRATION PRAYER

(Place everything inside the Divine Mercy Ark, Gen. 8:1 God remembered Noah & all in his ark, and the waters subsided)

Jesus, I consecrate my body, soul, mind, all my intentions (30 intentions and more if any) family members, relatives, friends, enemies, my nation, the whole world, the universe and everything in it, to your Eucharistic Heart, Immaculate Heart of Mary and to the Divine Mercy Ark.

THIRTY INTENTIONS

For the world

1. Gift of Repentance.
2. Gift of Reconciliation.
3. Gift of faith in Jesus Christ.
4. Gift of Prayer.
5. Infilling with the Holy Spirit.
6. Fulfilment of all Prayer intentions.
7. To get the Merciful heart and mind of Jesus Christ. (be a Good Samaritan)

For an individual

1. Forgiveness of sins through the blood of Christ.
2. Deliverance from all bondages.
3. Healing in all six areas of life (Body, mind, soul, family, financial matters, satanic bondages).
4. Infilling of Holy Spirit.
5. Fulfilment of all prayer requests.
6. Witnessing Jesus Christ.
7. Introduce Jesus Christ to others. (Evangelization)

8. Merciful approach to others.
9. Salvation of all souls departed from the family tree.
10. Eternal life.

For Priests and religious

1. Be like Moses to lead the people.
2. Be like Elijah in prayer and zeal.
3. Be like David in administration.
4. Be like Solomon in the administration of justice.
5. Be like Jesus always- another Christ.
6. Be like Apostles in communion with Church and Pope.
7. Be under the guidance of the Holy Spirit always.

Personal Intentions

1. For the family.
2. For the enemies.
3. For inner healing.
4. For physical healing and gift of immunity.
5. Infilling of the Holy Spirit.
- 6 Any other special intentions.

II. PRAYER FOR ALL

(Ezekiel 36:25-28- it must be fulfilled in all creatures)

Heavenly Father, sprinkle your pure water upon all humanity and creatures through your son Jesus Christ, so that all may get a new heart, new spirit and new mind. Kindly write down your commandments and your precepts in this new heart and help them to keep the commandment of love with all sincerity so that we all may have one heart, one mind and one spirit in Jesus Christ. Heavenly Father, have mercy on all people around the world (Mk10:46-50). Jesus the Saviour, baptize everybody with fire and spirit (Mt.3:11). Holy Spirit, help everybody to lead a life according to the word of God (Josh 1:8, Psalm 104:30, Lk 1: 35) and Magisterium of the Church.

III. PROTECTION PRAYER and DELIVERANCE PRAYER

Protection prayer:

Jesus, protect me under the shade of your holy cross and hide me inside your

precious wounds. Sprinkle your precious blood upon me, all beings and things dear to me and on.....,,
Mother Mary, cover me, all precious to me and,, with your mantle.
St. Michael, all apostles, saints and martyrs pray for me.

Deliverance prayer:

In the name of Jesus, I cast out you the wicked spirit of lust, hatred, anger, fear, jealousy, pride, sickness, pain, chronic disease....., (name the bad spirit if any) from me (you/them/us), to the feet of our lord Jesus Christ right now. You wicked spirits of sickness..... have no right over me (you/them/us) and I send you to the feet of Jesus to be bound there eternally because I am a child (you are/ they are/ we are children) of God who is saved and redeemed by the blood of Christ. I seek the intercession of St.Michael, the archangel, all apostles, especially St. Peter and St. Paul, all saints and martyrs especially St. Sebastian and St.George, (Patron Saint) and the great

intercession of the Blessed Virgin Mary. Let the Lord allow me (you/them/us) to experience the fullness of His redemption. Come, Holy Spirit come and fill me (you/them/us) with your power.

Deliver me O Lord from all spell, curse, bondage, affliction, possession, dominion, trials, tribulations and traps of the devil and the demons right now, Amen.

THE CHAPLET OF DIVINE MERCY

The Chaplet of Divine Mercy is recited using ordinary Rosary beads of five decades.

OPENING PRAYER

You expired Jesus, but the source of life gushed forth for souls, and the ocean of mercy opened up for the whole world. O Fount of Life, unfathomable Divine Mercy, envelop the whole world and empty Yourself out upon us. O Blood and water, which gushed forth from the Heart of Jesus as a fountain of mercy for us, I trust in You!
(Begin the chaplet with the Our Father, the Hail Mary and the Apostles' Creed)

THE OUR FATHER

Our Father, who art in heaven, hallowed be Thy name; Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

THE HAIL MARY

Hail Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

THE APOSTLES' CREED

I believe in God, the Father Almighty, creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven,

and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of the sins, the resurrection of the body and the life everlasting. Amen.

(Then, on the large bead before each decade)

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ in atonement for our sins and those of the whole world.

(On the 10 small beads of each Decade)

For the sake of His sorrowful Passion, have mercy on us and on the whole world.

(Conclude with)

Holy God, Holy Mighty One, Holy Immortal One, have mercy on us and on the whole world (Three times)

CLOSING PRAYER

Eternal God, in whom mercy is endless and the treasury of compassion inexhaustible, look kindly upon us and increase Your mercy in us, that in difficult moments we might not despair nor become despondent but with great confidence submit ourselves to Your Holy Will which is Love and Mercy itself. Amen.

IV. CHAPLET WITH PERSONAL INTENTIONS

	Page.No
1. OPENING PRAYER	20
2. THE OUR FATHER	21
3. THE HAIL MARY	21
4. THE APOSTLES' CREED	21

FIVE PERSONAL PRAYERS ALONG WITH THE CHAPLET

1. The Family Prayer:

When the family is in distress and the members are absent or not interested in prayer, one person's prayer could be a help to save the entire family (Read Acts 16:31).

How to proceed with the family prayer when the members are absent (Extend your hands and imagine that all your family members are with you in spirit and are kneeling down under your extended hands)

Prayer: Lord Jesus, help me to love and respect my family members especially my life partner in the way in which they want me to love and respect them. And let them love and respect me too the way in which I want them to love and respect me. Fill us with your Holy Spirit and create in us one mind, one heart, and one spirit. Provide us Lord, your unity and peace among the family members. I also pray to you, O Lord, fulfill all my intentions that I have placed before you for each of my family member.

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ in atonement for our sins and those of the whole world. (Then commence the first decade of the Divine Mercy Chaplet thus:)

“For the sake of Jesus' sorrowful Passion, Abba Father, have mercy on us and the whole world and on my family.”

(Conclude with) Holy God, Holy Mighty one....

2. Prayer for all your enemies:

(Extend your hands and imagine that all your enemies are standing before you and pray as below)

Prayer: Bless my enemies and their families, O Lord, more than you bless me and my family. Fill them with your Holy Spirit, and let them stand always in favour of me from today onwards.

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ in atonement for our sins and those of the whole world.

(Then commence the second decade of the Divine Mercy Chaplet thus:)

“For the sake of Jesus' sorrowful Passion, Abba Father, have mercy on us and on the whole world and on my enemies”

(Conclude with) Holy God, Holy Mighty one....

3. Prayer for all negative experiences and for inner healing:

(Transfix your hands above your chest and hold them in a form of a cross about half a foot away from your chest. Moses put a piece of wood in bitter water; it was changed into sweet water. Similarly, the power of the cross can change all our bitter memories and experiences into sweet ones. Imagine that white rays are radiating from the cross to your hearts, where all the bitterness is stored up. These powerful rays bring the inner healing that you need).

Prayer: Jesus, you are the same yesterday, today and forever. Come into my yesterdays; into my wounded feelings and negative events to transform them for my favour and good. Jesus, I pray over all these negative events that happened in my life and feelings such as rejection, unforgiveness, sorrows, fear, loneliness and failure etc. I pray over them all. Jesus! come into my bitter experiences and change them into sweet memories. I pray and forgive all who have offended me unjustly and bless them more than you bless me.

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ in atonement for our sins and those of the whole world.

(Then commence the third decade of the Divine Mercy Chaplet thus:)

“For the sake of Jesus' sorrowful Passion, Abba Father, have mercy on us and on the whole world and on my inner wounds”

(Conclude with) Holy God, Holy Mighty one....

4. Physical Healing Prayer:

(Transfix your hands on the chest or place your hands where you have the sickness and pray for your healing. You will get either healing/immunity or the gift of joyful suffering.)

Prayer: Jesus, you are the wounded healer. Heal me Lord. Healer, heal me right now by your wounds. Forgive me, O Lord for all my sins and the burden of sins descended through my first parents, through your precious blood shed on Calvary. Fill me Lord with the Holy Spirit by

the power of your resurrection.

1. Today is the last day of my (or your or his or her) spirit of infirmity or troubles(Lk 19:10)
2. Soon I (or you or he or she) will be filled with the Holy Spirit (Acts 1:5)
3. Then I (or you or he or she) will become a new creation (2 Cor 5:17). In this new creation old infirmities or troubles will not remain.
4. Heavenly Father have mercy on me (or him or her).(Mk 10: 46-50)
5. O Jesus, baptize me (or him or her) with Holy Spirit (Mt 3:11).
6. O Holy Spirit help me (him or her) to lead a life according to the norms of the word of God and magisterium of the church. So that the promise in Joshua 1:8 will be fulfilled in me (or in you or in him or in her)
7. I cast out and bind all spirits of infirmity or troubles from me (or you or him or her) in the name of Jesus and send them to the feet of Jesus right now (Mk 16:17-18).
8. All these spirits must be there at the

feet of Jesus until the second coming of our Lord (Rev. 22:20). May Jesus rebuke you (Jude 1:8).

9. By the wounds of Jesus I am (or you or he or she are/ is) already healed (1 Pet 2:24). By the Blood of Jesus I am (or you or he or she are/ is) forgiven of all my (or your or his or her) sins (Hebrews 9:22). I am (or you are) filled with the power of the Holy Spirit by the power of Resurrection of our Lord (Ephesians 1: 19-21 Ephesians 2:4-6)
10. For the sake of His Sorrowful passion have mercy on me (or him or her) and on the whole world and all my (or your or his or her) diseases and troubles.

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ in atonement for our sins and those of the whole world.

(Then commence the fourth decade of the Divine Mercy Chaplet thus:)

“For the sake of Jesus' sorrowful Passion,

Abba Father, have mercy on us and on the whole world and on my sickness”

(Conclude with) Holy God, Holy Mighty one....

5. Infilling of the Holy Spirit:

(Lift up both your hands and pray for the infilling of the Holy Spirit)

Prayer: Fill me, O Lord with your Holy Spirit, as you have promised. Provide me O Lord the seven gifts, twelve fruits and nine charisms of the Holy Spirit. Help me, O Holy Spirit, to stand in witness of Jesus Christ and proclaim that He is the Lord.

Eternal Father, I offer You the Body and Blood, Soul and Divinity of Your dearly beloved Son, Our Lord Jesus Christ in atonement for our sins and those of the whole world.

(Then commence the fifth decade of the Divine Mercy Chaplet thus:)

“For the sake of Jesus' sorrowful Passion, Abba Father, have mercy on us and on the whole world and on my intentions”

(Conclude with) Holy God, Holy Mighty one....

CLOSING PRAYER Refer Page 23

V. PRAY THE ROSARY OF OUR LADY FOR THE FULFILLMENT OF ALL YOUR INTENTIONS AND INTERCESSIONS

Intentions for each Decade

1. Healing of relationships and well being of all families.
2. Repentance and reconciliation of everybody.
3. Infilling of the Holy Spirit for all.
4. Healing of sick, physically challenged and incurables.
5. For the Pope, Bishops, Priests, Deacons, Religious and Gospel workers.

(Early Church prayed breviary instead of Rosary CCC 2678. However now Catholic Church encourages Rosary also.)

VI Please read the day's Gospel or any passage from the Gospel at the end of the Chaplet and Rosary.

VII Practice meditation for five minutes based on the Gospel passage (CCCc570).

VIII Participate in Eucharistic celebration

With all your intentions (page 16-17). Please attend the Holy Mass daily, if not possible, read Come to me Novena of the day and keep all your intentions on your Parish Altar in spirit and attend the Holy Mass spiritually. (Novena is not a substitute of the Holy Mass)

SPIRITUAL I.C.U. PRAYER

Nine days intense prayer is advised to overcome certain difficulties especially when facing serious problems, issues and sickness.

1. Nine chaplets of the Divine Mercy in a day.
2. Read nine chapters of the Gospel from St. Mathew to St. John continuously, in a day Only nine Chapters, not nine chapters from each gospel.
3. One hour Eucharistic adoration daily for nine days.
4. One integral and sincere confession within nine days.
5. Eucharistic participation and communion for nine days continuously.

TO HEAL THE BROKEN HEART

Everyone experiences today a deep need for personal prayer. The burden of being a faithful Christian is becoming heavier in a non Christian world. To those who are heavily burdened and find life difficult, Jesus said, “Come to me and I will refresh you.” This hunger for prayer increases with the many trials and heartaches which many encounter in family life or the business world. Jesus dwells with us in the Blessed Sacrament to fulfill His mission of “healing the broken hearted.”

Jesus chooses to come to us in the form of bread and it has a big symbolic meaning. Bread is made from wheat. Wheat is beaten, broken, and crushed before it becomes bread. Jesus was willing to be beaten at the pillar, broken in the heart and crushed in humiliation that he may be for us, “the living bread came down from heaven”. Jesus in the Blessed Sacrament is infinitely more powerful than all the armies that ever marched, or all the police forces, whichever gathered. The Eucharist is our Risen Lord with all the power of His

Resurrection flowing out to all who come into His Eucharistic Presence. His words to us today are the same as ever. "Take courage. It is I. Do not be afraid!"

(Mark 6:50)

The greatest gift that Jesus left us, is the gift of the Holy Eucharist where He waits for us daily.

How to receive forgiveness of sins

1. Decide not to enjoy the fruit of the sin again (Sir. 37:17-18)
2. Lead a Holy life hereafter (Jn. 5:14)
3. Forgive your enemies (Mt. 6:14- 15)
4. Make restitution (Lk. 19:1-10).
5. Do fasting Prayer (Jonah 3:4-10)
6. Give alms (Tobit 4:10-11).
7. Confess to a priest (Jn. 20:23, James 5:14-16).CIC 989- bound to Confess once in an year - CIC 988 - in kind and number. CCC 305- Always confess before receiving communion if there is mortal sins.

All non - catholics may do only six steps to receive forgiveness of sins

**Supplications Which May Be Used
By The Faithful Privately In Their
Struggle Against The Powers Of Darkness**
(Deliverance Prayer)

Prayers

1. Have mercy, Lord God, on me your servant, who have become like a vessel that is lost because of the host that besieges me. Deliver me from the hands of my enemies and draw near to me, that you may seek what is lost, restore to yourself what is found, and not abandon what is restored; so that in all things I may be pleasing to you, by whom I know I have been powerfully redeemed. Through Christ our Lord. Amen.
2. Almighty God, who give the desolate a home to dwell in and lead prisoners into prosperity, look upon my affliction and arise in my defence. Strike down that most wicked foe, so that, after the enemy is driven away, freedom may bring me peace. And so, restored to tranquil devotion, may I confess how wondrous you are, who have given strength to your people. Through Christ our Lord. Amen.
3. O God, creator and defender of the human race, who formed us in your own image and more wonderfully recreated us by the grace of Baptism, look with favour upon me, your servant, and graciously hear my prayers. May

the splendour of your glory dawn in my heart, I pray, so that with all terror, fear and dread removed, and serene in mind and spirit, I maybe able to praise you with my brothers and sisters in your Church. Through Christ our Lord. Amen.

4. O God, author of every mercy and all goodness, who willed your Son to submit for our sake to the yoke of the Cross, so that you might drive from us the power of the enemy, look with mercy upon my lowliness and pain, and grant, I pray, that, defeating the onslaught of the Evil One, you will fill with the grace of your blessing the one you made new in the font of Baptism. Through Christ our Lord. Amen.
5. O God, who through the grace of adoption chose me to be a child of light, that I may not be shrouded in the darkness of demons, but always be seen to stand in the bright light of the freedom that I have received from you. Through Christ our Lord. Amen.

Invocations to the Most Holy Trinity

Glory be to the Father, and to the Son, and to the Holy Spirit.

To God alone be honour and glory.

Let us bless the Father and the Son with the Holy Spirit; let us praise and exalt him for ever.

We invoke you, we praise you, we adore you, O blessed Trinity. Our hope, our salvation, our glory, O blessed Trinity.

Deliver me, save me, give me life, O blessed Trinity.
Holy, holy, holy is the Lord God almighty, who was,
and who is, and who is to come .

To you be honour and dominion, O blessed Trinity,
to you be glory and power through ages unending.

To you be praise, to you be glory, to you be
thanksgiving from age to age, O blessed Trinity.

Holy is God! Holy and Mighty! Holy and Immortal
One, have mercy on me!

Invocations to Our Lord Jesus Christ

a.

Jesus, Son of the living God, have mercy on me

Jesus, image of the Father, ”

Jesus, eternal Wisdom, ”

Jesus, splendour of the eternal light, ”

Jesus, Word of life, ”

Jesus, Son of the Virgin Mary, ”

Jesus, God and man, ”

Jesus, High Priest, ”

Jesus, herald of the Kingdom of God, ”

Jesus, the way, the truth and the life, ”

Jesus, Bread of Life, ”

Jesus, true vine, ”

Jesus, brother of the poor, ”

Jesus, friend of sinners, ”

Jesus, physician of soul and body, ”

Jesus, salvation of the oppressed, ”

Jesus, solace of the forsaken, ”

” have mercy on me

Save us through your † Cross, O Christ the Redeemer, who by dying destroyed our death, and by rising restored our life.

We adore your † Cross, O Lord, we recall your glorious Passion; you suffered for our sake; have mercy on us.

We adore you, O Christ, and we bless you, because by your † Holy Cross you have redeemed the world.

Invocations to the Blessed Virgin Mary

We fly to your protection, O holy Mother of God; despise not our petitions in our necessities, but ever deliver us from all danger, O glorious and blessed Virgin.

Comforter of the afflicted, pray for us. Help of Christians, pray for us.

Grant that I may praise you, holy Virgin; give me power against your enemies.

My Mother, in whom I trust!

O Virgin Mary Mother of God, plead with Jesus for me.

Most noble Queen of the world, Mary ever Virgin, who bore Christ the Lord and Saviour of all, intercede for our peace and salvation.

Mary, Mother of grace, Mother of mercy protect us from the enemy, and receive us at the hour of our death.

Most loving Virgin Mary, hasten to my aid in all trials, in my troubles and in my needs, and beg for me from your beloved Son deliverance from every evil and from all danger to soul and body.

A silhouette of a person's head and shoulders is centered against a blurred, multi-colored background of warm tones (yellow, orange, blue, purple). A bright red heart is painted on the person's chest. The words "Inner Healing" are written in a white, cursive script across the lower half of the image, with the red heart partially overlapping the word "Healing".

Inner Healing

INNER HEALING

- Inner Healing is prayer and counsel for sanctification and transformation of one's life.
- It is a tool to mature His people.
- It is a process to help one to apply the crucified and resurrected life of Jesus Christ and His blood to the part of the heart that did not receive full healing.
- It is a tool to help one to live a life more effective and victorious in Christ.
- It is a tool to achieve freedom from bondage.
- It is a tool of prayer and counselling to make salvation effective in all dimensions of one's life and character.
- It is a tool to enable one to clean out the "inner chambers" where hurts, doubts, rejection and fears have been buried or stored because of being unable or unwilling to deal with them when they occurred.

Some manifestations of inner wounds which prevent you to achieve something good in your life

1. Over shyness
2. Fear, such as fear of exams, diseases, animals, reptiles & insects, consequences, people, wind, water, river, lake, thunder, ghost, demons, Satan, magicians, sorcerers, beggars, strangers, driving, swimming, diseases, bathing, normal sexual interactions, fear of opposite sex, teachers, children, elders, peer groups etc
3. Anxiety- unnecessary worries of future consequences or unreasonable fears which are relatively permanent
4. Continuous sorrows and difficulties to overcome it
5. Feeling of loneliness – e.g. I have nobody, alone in the crowd etc
6. Phobia - that is baseless or unreasonable fear related to petty things such as difficulty to sit in a closed room, acrophobia, claustrophobia, etc.

7. I am good for nothing (low self esteem)
8. Nobody loves me
9. All people hate me
10. No friends - all stand against me without any reason
11. Moody nature
12. Touch me not character e.g. easily wounded by others (Hyper Sensitivity)
13. Inability to have socialization(unsocial)
14. Overconfidence
15. Lack of self confidence
16. Stage fright
17. Stammering
18. Psychosomatic diseases – e.g. though there is no bacterial or virus infection or birth defects but have symptoms of diseases in the body
19. All type of allergies e.g. Food, dust, dew, pollen, perfumes, cloth, gold, certain metals, cold water, cold weather, hot weather etc.
20. Lack of communication skills
21. Forgetfulness
22. Symptoms of OCD and many psychological diseases and disorders

23. Involuntary sexual arousal syndrome
24. Sleeplessness, oversleeping or always feeling tired
25. Horrible dreams (nightmares)
26. Less concentration
27. Less memory
28. Although you may work hard, you get poor marks or result.
29. Eating disorders such as less eating (anorexia) or over eating
30. Inability to have interaction with children, partner and parents
31. Cherishing Utopian ideas (unrealistic ideas)
32. Feelings of insecurity

Some manifestations of the inner wounds that will lead you towards sin

1. Temptations – when you consent you will be culpable. CCC 2847
2. Depression will lead towards suicidal tendencies
3. Wrong fantasies
4. Suicidal tendency
5. Misunderstanding

6. Misinterpretation
7. Lack of trust in other people or always doubting people
8. Self - pity
9. Infatuations
10. Inordinate love towards animals and objects
11. Hot temper or bad temper and anger

Some manifestations of the inner wounds which are sinful in nature

1. Jealousy
2. Pride
3. Hatred
4. Unforgiveness and broken relationship
5. Disobedience to God or magisterial teachings
6. Difficulty to pray – Prayerlessness is Sin
7. Difficulty to have faith in God – Rom 14:21
8. Slandering or gossip and spreading rumors
9. Hopelessness (Despair)
10. Difficulty to have repentance and conversion (no sorrow over past sins)

11. Boasting
12. Gambling, addiction to tobacco, alcohol and drugs
13. Sexual deviant behaviours such as Masturbation, bestiality, sexual cruelty, sadism, masochism, pedophilia, prostitution, pornography, womanising polyandry, polygamy, concubinage, rape, peeping (voyeurism) lesbianism, homosexuality, exhibitionism, vulgarity, seduction, wearing revealing clothes, etc
14. Accusation
15. Self justification
16. Violence or inflicting pain upon somebody
17. Gluttony
18. Laziness and postponing things
19. Blasphemy and blasphemous thoughts
20. Avarice or greed
21. Practicing black magic and witchcraft
22. Telling lies or psychological liars
23. Luxury and squandering money
24. Destroying properties
25. Robbery or stealing

26. Addictions to drugs, money, sex
27. Irresponsibility
28. Believing in fatalism
29. Vandalism, atrocity, antisocial behaviors, terrorism, homicide, genocide (Hitler), fighting and war, cruelty towards animals, etc

Reasons of Inner Wounds

1. Unloved experiences
2. Feelings of rejection
3. Trauma
4. Negative feelings
5. Wounded feelings
6. Ancestral causes/ parental causes
7. Diabolical causes

Remedies

1. Walk along with Jesus towards the past stages of growth
2. Unconditional forgiveness
3. Inner healing adoration led by a person who has the gift of inner healing
4. Ongoing inner healing prayers
5. Deliverance and protection prayers
6. Infilling prayers
7. Praise

Inner Healing verses from the Bible

1. Jn 14:1 – Let not your heart be troubled
2. Ps 34:18 – God is near to the broken hearted
3. 1 Pet 5:7 – Cast your anxiety unto Him
4. Is 43:5 – Fear not I am with you
5. Ps 27:10 – Even if your father and mother forsake you - I will not
6. Is 49:15 – Even if your mother forgets you - I will not
7. Mt 6:33 – Seek the Kingdom of God first - rest will be freely given
8. Phil 4:13 – I can do everything in Christ who strengthens me
9. Gal 2:20 – No longer I, but Christ is alive in me
10. Mal 4:3 – When God works for me all demons will become dust under my feet
11. Is 54:17 – No weapon will work against me, no slander will affect me
12. CCC 370 – God is my perfect father and mother. He loves me.
13. Is 43:25/ Heb 8:12 – I will not remember your sins again
14. Is 43:18 – Do not remember the former things or consider the things of old. I am going to do something new.

15. Rom 8:28 – All things will be turned for your good if you love God.

Inner Healing Prayer

(Recommended Posture. Transfix your hands above your chest and hold them in a form of a cross about half a foot away from your chest)

Moses put a piece of wood in bitter water; it was changed into sweet water. Similarly, the power of the cross can change all our bitter memories and experiences into sweet ones. Imagine that white rays are radiating from the cross to your hearts, where all the bitterness is stored up. These powerful rays bring the inner healing that you need).

Prayer: Jesus, you are the same yesterday, today and forever. Come into my yesterdays; into my wounded feelings and negative events to transform them for my favour and good. Jesus, I pray over all these negative events that happened in my life and feelings such as rejection, unforgiveness, sorrows, fear, loneliness and failure etc. I pray over them all. Jesus! come into my bitter experiences and change them into sweet memories. I pray and forgive all who have offended me unjustly and bless them more than you bless me.

NOVENA TO THE DIVINE MERCY

The chaplet of divine mercy as a Novena



St. Faustina
(Apostle of Mercy)

NOVENA TO THE DIVINE MERCY

The chaplet of divine mercy as a Novena according to the Diary of Saint Faustina Kowalska (476) (on ordinary rosary beads) (ref pg.20). In addition to the Novena to The Divine Mercy, which Our Lord gave to Blessed Faustina for her own personal use, He revealed to her a powerful prayer that He wanted everyone to say - the Chaplet of Mercy. Blessed Faustina prayed the Chaplet almost constantly, especially for the dying, and the Lord urged her to encourage others to say it too, promising extraordinary graces to those who would recite this special prayer.

The Chaplet can be said anytime, but the Lord specifically asked it to be recited as a novena, especially on the nine days before the Feast of Mercy. And He promised, "By this Novena of Chaplets I will grant every possible grace to souls"(796).

We can pray this Novena of Chaplets for our own personal intentions or we can offer it together with the Novena to The Divine Mercy for the daily intentions dedicated by Our Lord to Saint Faustina.

NOVENA TO THE DIVINE MERCY

According to the Diary of Saint Faustina Kowalska (1209-1229) DAYS OF NOVENA:

FIRST DAY

Today bring to me

ALL MANKIND, ESPECIALLY ALL SINNERS

Most Merciful Jesus, whose very nature it is to have compassion on us and to forgive us, do not look upon our sins, but upon the trust which we place in Your infinite goodness. Receive us all into the abode of Your Most Compassionate Heart, and never let us escape from it. We beg this of You by Your love which unites You to the Father and the Holy Spirit.

Eternal Father, turn your merciful gaze upon all mankind and especially upon poor sinners, all enfolded in the Most Compassionate Heart of Jesus. For the sake of His sorrowful Passion, show us your mercy, that we may praise the omnipotence of your mercy forever and ever. Amen.

SECOND DAY

Today bring to me

THE SOULS OF PRIESTS AND RELIGIOUS

Most Merciful Jesus, from whom comes all that is good, increase Your grace in men and women consecrated to Your service, that they may perform worthy works of mercy, and that all who see them may glorify the Father of Mercy who is in heaven.

Eternal Father, turn Your merciful gaze upon the company of chosen ones in Your vineyard - upon the souls of priests and religious; and endow them with the strength of Your blessing. For the love of the Heart of Your Son, in which they are enfolded, impart to them Your power and light, that they may be able to guide others in the way of salvation and with one voice sing praise to Your boundless mercy for ages without end. Amen.

THIRD DAY

Today bring to me

AII DEVOUT AND FAITHFUL SOULS

Most Merciful Jesus, from the treasury of Your mercy, You impart Your graces in great abundance to each and all. Receive us into the abode of Your Most Compassionate Heart and never let us escape from it. We beg this of You by that most wondrous love for the heavenly Father with which Your Heart burns so fiercely.

Eternal Father, turn Your merciful gaze upon faithful souls, as upon the inheritance of Your Son. For the sake of His sorrowful Passion, grant them Your blessing and surround them with Your constant protection. Thus may they never fail in love or lose the treasure of the holy faith, but rather, with all the hosts of Angels and Saints, may they glorify Your boundless mercy for endless ages. Amen.

FOURTH DAY

Today bring to me

**THOSE WHO DO NOT BELIEVE IN GOD
AND THOSE WHO DO NOT YET KNOW
ME**

Most Compassionate Jesus, You are the Light of the whole world. Receive into the abode of Your Most Compassionate Heart the souls of those who do not believe in God and of those who as yet do not know you. Let the rays of Your grace enlighten them that they too, together with us, may extol Your wonderful mercy; and do not let them escape from the abode which is Your Most Compassionate Heart.

Eternal Father, turn Your merciful gaze upon the souls of those who do not believe you, and of those who as yet do not know You, but who are enclosed in the Most Compassionate Heart of Jesus. Draw them to the light of the Gospel. These souls do not know what great happiness it is to love You. Grant that they, too, may extol the generosity of your mercy for endless ages. Amen

FIFTH DAY

Today bring to me

THE SOULS OF THOSE WHO HAVE SEPARATED THEMSELVES FROM MY CHURCH

Most Merciful Jesus, Goodness Itself, You do not refuse light to those who seek it of You. Receive into the abode of Your Most Compassionate Heart, the souls of those who have separated themselves from Your Church. Draw them by Your light into the unity of the Church, and do not let them escape from the abode of Your Most Compassionate Heart; but bring it about that they too, come to glorify the generosity of Your mercy.

Eternal Father, turn Your merciful gaze upon the souls of those who have separated themselves from Your Church, who have squandered Your blessings and misused Your graces by obstinately persisting in their errors. Do not look upon their errors, but upon the love of Your own Son and upon His bitter Passion, which He underwent for their sake, since they, too,

are enclosed in the Most Compassionate Heart of Jesus. Bring it about that they also may glorify Your great mercy for endless ages. Amen.

SIXTH DAY

Today bring to me

THE MEEK AND HUMBLE SOULS AND THE SOULS OF LITTLE CHILDREN

Most Merciful Jesus, You yourself have said, "Learn from Me for I am meek and humble of heart." Receive into the abode of Your Most Compassionate Heart, all meek and humble souls and the souls of little children. These souls send all heaven into ecstasy, and they are the heavenly Father's favourites. They are a sweet-smelling bouquet before the throne of God; God Himself takes delight in their fragrance. These souls have a permanent abode in Your Most Compassionate Heart, O Jesus, and they unceasingly sing out a hymn of love and mercy.

Eternal Father, turn Your merciful gaze upon meek and humble souls, and upon

the souls of little children, who are enfolded in the abode which is the Most Compassionate Heart of Jesus. These souls bear the closest resemblance to Your Son. Their fragrance rises from the earth and reaches Your very throne. Father of mercy and of all goodness, I beg You by the love You bear these souls and by the delight You take in them: bless the whole world, that all souls together may sing out the praises of Your mercy for endless ages. Amen.

SEVENTH DAY

Today bring to me

THE SOULS WHO ESPECIALLY VENERATE AND GLORIFY MY MERCY

Most Merciful Jesus, whose heart is love Itself, receive into the abode of Your Most Compassionate Heart, the souls of those who particularly extol and venerate the greatness of Your mercy. These souls are mighty with the very power of God Himself. In the midst of all afflictions and adversities

they go forward, confident of Your mercy. These souls are united to Jesus and carry all mankind on their shoulders. These souls will not be judged severely, but Your mercy will embrace them as they depart from this life.

Eternal Father, turn Your merciful gaze upon the souls who glorify and venerate Your greatest attribute, that of Your fathomless mercy, and who are enclosed in the Most Compassionate Heart of Jesus. These souls are a living Gospel; their hands are full of deeds of mercy, and their spirit, overflowing with joy, sings a canticle of mercy to You, O Most High! I beg You O God: Show them Your mercy according to the hope and trust they have placed in You. Let it be accomplished in them the promise of Jesus, who said to them that during their life, but especially at the hour of death, the souls who will venerate this fathomless mercy of His, He, Himself will defend as His glory. Amen.

EIGHTH DAY

Today bring to me

THE SOULS WHO ARE DETAINED IN PURGATORY

Most Merciful Jesus, You Yourself have said that You desire mercy; so I bring into the abode of Your Most Compassionate Heart the souls in Purgatory, souls who are very dear to You, and yet, who must make retribution to Your justice. May the streams of Blood and Water which gushed forth from Your Heart put out the flames of Purgatory, that there too, the power of Your mercy may be celebrated.

Eternal Father, turn Your merciful gaze upon the souls suffering in Purgatory, who are enfolded in the Most Compassionate Heart of Jesus. I beg You, by the sorrowful Passion of Jesus Your Son, and by all the bitterness with which His most sacred Soul was flooded, manifest Your mercy to the souls who are under Your just scrutiny. Look upon them in no other way but only through the Wounds of Jesus, Your dearly beloved Son; for we firmly believe that there is no limit to your goodness and compassion. Amen

NINTH DAY

Today bring to me

SOULS WHO HAVE BECOME LUKEWARM

Most compassionate Jesus, You are Compassion Itself. I bring lukewarm souls into the abode of Your Most Compassionate Heart. In this fire of Your pure love, let these tepid souls, who, like corpses, filled You with such deep loathing, be once again set aflame. O Most Compassionate Jesus exercise the omnipotence of Your mercy and draw them into the very ardor of Your love; and bestow upon them the gift of holy love, for nothing is beyond Your power.

Eternal Father, turn your merciful gaze upon lukewarm souls, who are nonetheless enfolded in the Most Compassionate Heart of Jesus. Father of Mercy, I beg you by the bitter Passion of Your son and by His three-hour agony on the Cross: Let them too, glorify the abyss of Your mercy. Amen



COME TO ME NOVENA

COME TO ME NOVENA

Method of making the Novena

1. Come before Jesus and adore Him.
2. Read Christ's words to you.
3. Read the scripture reflections and ask yourself.
 - a) Which passage means most to me.
 - b) What do I feel as I read.
 - c) What will I say to Jesus who has spoken to me personally through the passage.
4. Use the Prayer response given and feel free to add to it or make your own prayer.
5. Recite the Chaplet of Mercy offering it for some intention preferably for the intentions Jesus brings into your mind.
6. Use the supplementary - meditation. You will find tremendous Power flowing out of the Tabernacle - Power, Love and Peace of Jesus will be yours.

DAY 1

CHRIST SPEAKS:

Come to Me. I know your Name. When you were being formed in the womb of your mother -I was there. I saw you even before you were born. I have and always have loved you. Come to me, you who are burdened- I will refresh you, I will give you rest.

Stay with me and listen. This is my house and you are welcome. I want you so much, I long that you experience my love. My love is like a fire consuming all hatred, pride and sin.

I long to fill your life with my peace and my joy, here am I before you, imprisoned in my own house. Take me with you, in your heart-Take Me into your home, into your school, into your office, into your streets, into your dance hall. I need your feet, your hands, your voice, your heart to carry my love to a wounded world. Please take me in your heart.

REFLECTION

Isaiah 61:1-4

Why did you come Lord?

What do the scriptures tell me about you?

When I read your word I can see how you touched people and healed them. You fed the multitude; You delivered those in bondage .You transformed lives. A word, A touch of your hand, just a look was enough to restore man to wholeness.

Where are you now?

Where is that touch that took and restored broken bodies, healed fractured relationships that strengthened the weak? I need to see- SHOW ME LORD.

CHRIST SPEAKS:

I am here in the Eucharist, In a unique and special way. Here are the very same hands that touched the dead man and gave him life, that blessed water and changed it into sparkling wine, that touched the eyes of the blind, Here I am with the same power to heal every human illness, to calm the raging storms in your life.

Once more today I want to ask you to carry me home with you, carry me to work, I will be with you; I will bless you so that you will be a blessing to others. Will you take me with You?

PRAYER:

Jesus come and walk with me. I offer you my heart as an altar, I welcome you Lord, with love that you should want to live in me and use me. Too Long I have carried my problems and hurts and sickness and not come before you in the Blessed Sacrament where you have been waiting for me.

Thank you. Now I realize your love and power in the Eucharist. Yes Lord, I will take you to others, come, live in me Lord and use me to touch the lives of others. Amen

[Remain silent for as long as you can. Recite the chaplet of Divine Mercy praying for the whole world]

DAY 2

CHRIST SPEAKS:

Welcome my child. I knew you would come. I have so much to offer you, I have so many gifts in store for you and for those you love. I have the power, the love to make every dream come true. Dreams that bring love and peace and healing to a broken world. Why my child should millions go unhealed and die in needless pain, when these hands that touched a leper's skin and made it clean, lie here, silent or unused. How I long that my people would come to me and just sit before me. There is so much anger out there in the world, so much injustice, so much suffering and there is one power, one person who can heal you and restore to the world whatever is stolen by Satan. That power is right here.

REFLECTION

God's Power is always available by your remaining before the Eucharist. I am tapping this power.

This power, the power of God is available

to us in every event of our life.

God said to Joshua,

“I will always be with you I will never abandon you.” (Joshua 1:5)

The Psalmist sang:

“God will protect me from all dangers and keep me safe. He will protect me as I come in and go out” (Ps 121:7-8)

Paul Wrote:

“May the Lord who is our source of peace grant us peace at all times.” (2Thes3:16)

Paul encouraged the Corinthians in 2Cor9:8-9 “God is able to give you more than you need.”

(Repeat these scripture verses and let them sink into you. Claim each promise for your specific need)

PRAYER

Lord Jesus, Your coming has changed the course of history. I know that you are the light that will never fade. No darkness nor tragedy can put off the brightness. Jesus, your love will prevail, that love which will overcome hatred, bitterness and strife.

High walls cannot stop you Lord. Weapons of war cannot stop the spread of your peace. Right here, there is power. Power that can bring healing and peace into our lives. Power that can set us free from all negativity. Lord, I am asking you for peace yet I realize that in my blindness, I am denying others the gift of peace I seek from you. How can I expect to see your victorious right Hand uphold me (Isaiah 41:10) when I have closed my heart and my hands to my brother. Lord I have been deaf to your call to repentance, I have been blind to my own acts of selfishness. Forgive me Lord I have failed you repeatedly; Teach me to be the person you want me to be. Amen.

JESUS SPEAKS

Here I am my Child - My arm is stretched out towards you to help you overcome your weaknesses. My strength is sufficient for you. Look at me in the Eucharist. Here I am living among you to heal the past and redeem the future -I call out to you by name. Do you love me? YES? Then you

receive My Love, my Peace.

Take my Love, my peace, with you.

(Remain quiet-in His presence.)

(Recite the chaplet of Divine Mercy.

Praying for Peace in the world.)

DAY 3

JESUS SPEAKS

Come to me -Put your hand in my Hand. Don't be afraid. You are special to Me. I know your Name-I want to see your face. I want to wipe the tears off your face. You are unique, ever since I created this world, there never was anyone like you, nor will there ever be another like you. Lift your head up, Praise me for the gift of life. Praise me for the fact that you were made special. Why are you anxious? Why do you feel so alone? What is causing you to lose your peace of mind. Tell me about it and even as you empty out your heart, you will experience My Peace. Are the past memories hurting you? Is there a secret guilt that gnaws at your heart and disturbs you? Come give it to me I will lovingly forgive your guilty past.

REFLECTION:

St.Luke Chpt. 4..... Vs 40-41

Think of those you know who are trapped in despair, self - pity, depression - Bring them to Jesus -You will thus become his very own instrument of healing.

Do you know of anyone who carries anger in his heart or may be thoughts of revenge, or those who are drug addicts, alcoholics, homosexuals, bring them to Jesus. He came to bring all freedom. He is still alive Here on this altar. Let us take him at His word and ask him to bring his freedom into our own lives, into the lives of our family members and into the whole world.

Wounds are healed by the Lord who has suffered for us.

“He heals the broken hearted. He bandages their wounds.”

Ps 147:3

“He gives me rest. Through green fields, he leads me to quiet waters. In Him, I find new strength.

” Ps 23:2,3

“I will bring them home from all the places where they were scattered. On that dark

and disastrous day I will look for those who are lost. Bring back those who wander off. I shall bandage those who are hurt and heal those who are sick.”

Ezek.34:12,16

[Dwell on the verse which consoles you the Most and let Jesus comfort you]

PRAYER

Jesus, come walk with us every morning, the sun rises and hope shines brightly; but let us carry that hope to others. Today Lord lead me to those you want to speak to, through me.

I know that even as I allow you to use me your presence in my life will be more and more evident. The more I comfort others, the more will I experience your comfort and healing. Lord, yet I am afraid, should I falter, should my steps weaken, should my courage fail, be near me Lord, Hold on to me Jesus, even when my hold on you weakens.

Let not the passing days, months and years find me forgetting you. Let each passing day find me at your feet drawing strength, comfort and consolation from

you. Lord, Bless all who are afraid to meet You. Let them also know You, as You have shown yourself to me. Yes Lord, may they also know you as their redeemer, their Healer and their lasting peace. Amen.

Let the peace of Jesus pass through. Sit before him taking deep breaths, breathing His Peace.

[Recite the Chaplet of Divine Mercy for those who are caught up in the guilt and in shame]

DAY 4

CHRIST SPEAKS:

A thousand welcomes. How my heart longs to watch you enter. Forget the false humility that makes you feel unworthy to walk in. I know your faults. I am aware of your failures. Nothing is a secret to me my child. Despite all your weakness, I still want you.

I am offering you my love, my forgiveness, my acceptance, even as you offer me your repentance.

It is my spirit that has directed your footsteps here. I have chosen you to be my messenger to the world.

Remember I chose Mary Magdalene to tell the others I had risen. I am now choosing you to tell the world I am alive and waiting here in the Eucharist for them. I am here present, with love in my heart, power in my hands, to change lives, to heal brokenness, to forgive sins, to feed the hungry, to bring peace to those who are disturbed. My child how it pains my heart to see my children suffer and who refuse to come here and be released of all the pain in body, mind & spirit.

Please go and give this good news to others share with them what you feel, what their moments mean to you.

Be my messenger of love please. I will be with you.

REFLECTION

Christ in the Eucharist reaches deep down into the lives of those who sit before Him and experience his tender and lasting love never to be forgotten. He touches us way beyond our understanding- changing lives mysteriously.

It does not really matter which religion one belongs to, nor what one's past has been. His all encompassing love embraces everyone. Christ overcomes all obstacles of language and religion and unites in a common experience of love.

The power that dwells in the silence of the altar reaches out to bless the world.

SCRIPTURE REFLECTION

God sees into the secret recesses of our heart and puts us right. Your heart will always be where your riches are Mt.6:21
Man looks at the external appearances but I look at your heart. 1 Sam16:7

I will give them a new heart and a new mind.

I will remove their heart of stone and give them a heart of flesh. I will replace them with hearts that are obedient to my laws. I will be their God and they will be my people. Ezek. 11:19-20

I will never abandon them nor desert them. Heb13:5b.

PRAYER

Dearest Jesus, I thank you for giving me this day, the assurance of your forgiving love and your acceptance.

How good it is to know the tenderness of your love. Despite my weaknesses my failures, you still love me.

Lord I hear you calling me to go out and share your love with those at home, with those I meet.

Yes Lord, I realize how many are there who live in darkness, in loneliness, and they endure so much pain because they have never heard that you are the Healer. Lord I have failed to release your power to others. Today I know the more I release your power to others, the more I will receive from you, for, I can hear you say 'Give and it will be given to you in double measure'.

Whatever the past Lord, let today be a new beginning. From this very altar, I stretch out my hand to receive your blessings and offer myself as your instrument to carry your blessings to others.

Seek out all those who are searching for love and truth. Lead them to your light. Seek out all those who worship false Gods. You love them and died for them. Grant that, through our prayers they be blest and brought close to you. Seek out those who suffer in body, soul and mind and comfort them in their pain, sustain them in their trials. Lord have mercy on those who oppress and hurt others. Give them a new heart. Convert them from their errors of their ways, to believe in you.

Bless me now Lord, and let your light shine on all my words and deeds. Amen.

[Recite the chaplet of Divine Mercy, for all the sinners of the world so that they may receive the grace of repentance]

DAY 5

CHRIST SPEAKS:

Come to me-Do not be afraid. There is something very special I have to say to you today.

Do you know that every visit you make to me will be well rewarded. No one who comes to me returns empty handed.

You will hear good news, your heart will be filled with love and joy. You will see that your mind will be enlightened. As you sit still before me, you are being enriched beyond your imagination. I want you to understand this. You are very special to me. I know your name. Your name is carved on the palm of my hand. No matter how you see yourself, I see you as my Beloved- the one for whom I bled and died. I have blessed you in a special way. I have given you gifts and as you use these gifts, they grow. You remember the boy who gave me five loaves and two fish. How many did I feed with that?

I will accept whatever you offer me and use it. Give me your hands, stretch them out towards me, that I may bless them and make them always open for sharing. Give me your eyes, I will bless them to see and respond to the needs of others. Give me your voice, I will bless and use it so that those hearing you, will be filled with joy and love.

Give me your heart as I give you Mine,
that I may LOVE through you.

REFLECTION

Give and you will be given in double measure. We cannot outdo God in His Generosity. As I sit in silence offering him each part of me to use as He pleases, the Eucharistic Heart is delighted and in return, He promises blessings beyond our understanding.

1. I will uphold you with my victorious right hand. (Is 41:10)
2. I will satisfy all your needs according to my riches in glory. (Phil 4:19)
3. You can do all things through Me who will strengthen you. (Phil 4:13)
4. I will never abandon you or leave you. (Heb.13:5b)
5. Nothing will ever separate you from my love. (Rom 8:38)
6. I, the Lord your God, am with you wherever you go.

PRAYER

Lord, how blind have I been. How often I have suffered and almost fallen apart because I did not come to you.

At times, my life has been a series of joyless days followed by sleepless nights. The sound of my own fears was so loud, I did not hear you call.

Lord I have to be honest with you- There were times I did not come to you because I was afraid of what you would ask of me.

There were times, when I felt you abandoned me - that I was not good enough-that you also do not care even to listen to me.

Forgive me Jesus, today I see how foolish I have been, you are the most tender and loving friend I could ever have. You have only one desire to give and give and in return you ask me for so little and even that little, I am reluctant to give you. Lord I offer you my heart, Come Lord, knock down the walls of jealousy, anger, indifference and selfishness. Speak the word of healing into my heart, ease the pain inside, satisfy that ache within me.

Lord, on behalf of my brothers and sisters all over the world, I invite you into our homes. Our homes cry out to you. Parents

are torn apart, Couples who once professed love at your altars are now teasing each other. Words that once enkindled love are now kidding it. Have mercy Jesus on all families, restore your peace and love. Come again Lord, speak again, heal again, touch again. Amen.

[Recite the chaplet of Divine Mercy for all broken families]

DAY 6

CHRIST SPEAKS:

Welcome my dearest friend -I have been waiting for you. I am so happy that you have decided to spend time with me; what joy and comfort, it brings to my Sacred Heart, to know that you have decided to leave everything else and spend these moments with me. I will truly reward you in a measure utterly beyond your greatest expectation.

My Heart goes out to my suffering Children. I am here to alleviate the miseries of my children. Do not be afraid, lift up your misery and your suffering to me. Allow me

to love you with a love that is endless and pure. It is only my love that can satisfy all your needs. Be at peace my loved one, I will never let you down or abandon you. At times you feel I am not answering your prayer, that nothing seems to be happening. If only you could trust me my children! Believe me, I am in absolute and total control. Believe me, I love you with a total and unconditional love.

Believe in Me, believe in my LOVE, believe in my Power.

I cannot speak to you enough of my LOVE. I love you with all my immensity and I will never, ever, leave you orphans. Let me caress the wounds in your spirit. My touch, my caress brings healing. Let me cover you with my Precious Blood. My blood, which is my love poured out, cleanses and purifies you.

I have so many graces to bestow on my children, but many refuse to come to receive, to be healed. Will you go and speak to them?

May I use you to reach them !

REFLECTION

1. Jer15:18-19. Why do I keep on suffering? Why are my wounds incurable? Why won't they heal? Do you intend to disappoint me like a stream that goes dry in summer?
To this, the Lord Says- If you return, I will take you back and you will be my servant again.
2. Ps 145:8. The Lord is loving and merciful, slow to anger and full of constant love.
3. Ezek. 36:33. I will make you clean from all your sins I will let you live in your cities again, I will let you re-build the ruins.
4. Ezek. 37:23. I will purify them. They will be my people and I will be their God.
5. Mt 23:37. How many times I have wanted to put my arms around you just as a hen gathers her chicks under her wings, but you would not allow me.
6. Hosea14:4, I will bring my people back to Me. I will love them with all my Heart.

PRAYER

Jesus, thank you for making me feel so welcome in your House. I have often wandered from place to place from person to person, chasing one goal after another. At times I did obtain a transient satisfaction, a fleeting sense of pleasure yet amidst everything, I still felt a vague emptiness and a sense of lack of fulfillment. At times I could not even identify what I wanted, what I was searching for.

Jesus now I know. You made me for yourself and only in you, will every need of my being find rest. Now I have the sense of arriving, coming Home and Jesus, I intend staying.

Lord I now realize that it is here, in you that all my prayers will be answered. I accept the method, the time and the manner in which you will answer me, because I am convinced that you know me, you know what is for my good and what will prove harmful for me. Your love for me will never ever cause you to give me a scorpion when I ask for a fish.

I trust in you Jesus
I believe in you
I believe in your Love for me.
I surrender totally to your love. Amen
[Recite the Chaplet of Divine Mercy for all
your intentions & also for all those who are
in prison]

DAY 7

CHRIST SPEAKS:

Come to Me all you who are happy for I will make your happiness complete. I want to teach you what takes away real happiness. All the hatred, the resentments, the grudges, the unresolved conflicts, the greed, the selfishness are the factors that snatch away happiness. Learn from Me, how to keep your heart pure, absorb my Beauty and Goodness.

Come to me you who are in distress. Do you feel life has been unfair? Have your plans failed? Have those you placed your hopes in disappoint you? Does everything in your life seem to be going wrong?

My child you are in the right place now. Speak to me, empty your heart out to me

and even as you are removing the garbage from the depths of your heart. My spirit is filling you with peace, comfort and direction.

Sit before me as long as you want and when you feel comforted and strengthened, go out and be my minister. Search for those who have failed, those who suffer, those who have lost hope. I am called the Wounded Healer. You who have suffered, are also a Wounded Healer, who can bring to others the compassion and love I have given you. I choose you now to be my Apostle. Your own suffering was your training which has equipped you to listen and bring healing and hope to others.

O my child, too long have I hidden- with your help my power can be released and My kingdom of truth and love be spread. How would you like to be my apostle?

REFLECTION

1.Jn 15:16

You have not chosen me, I have chosen you to go out and bear fruit, fruit that will last.

2. Is 6:8

Whom shall I send? Who will go for me?
Then I said I will go. Send me"

3. Jer. 1:5 and 8

I chose you, before I gave you life, before you were born, I selected you to be a prophet to my people. Do not be afraid. I will be with you to protect you.

4. Deut 32:10-12

God found them wandering in a desert, in a desolate wind swept emptiness. He protected and cared for them like a parent eagle teaching the young one to fly. God caught them on His open wings and brought them to safety.

5. Mk16:15

The great commission. Go Throughout the whole world and preach the gospel to all mankind.

(N.B.I may preach verbally. My life itself can be an open gospel through which others meet and come to know Jesus).

PRAYER

Jesus, coming to you to receive comfort and blessing is one thing but to receive the great commission is to be another Moses. I too want to find excuses like Isaiah. I am so conscious of my unworthiness like Jeremiah, I find myself so un-equipped. Yet I can find your eyes piercing into the very depths of my soul. I can hear you call me out of my selfishness and pride I know my excuses are not genuine. My mind travels to Calvary and I see you agonizing for mankind. In front of me, I see you and I sense the throbbing of your heart longing for humanity. I will go Lord, its difficult but you promised not to leave me to my own resources.

Jesus, come touch my cold heart with the spark of your love. Open our eyes, loosen our tongues to proclaim Your good news of Salvation, Peace and Love. Your power here in the Eucharist is unlimited. With that power we will move out. Bless us all this day and fill our hearts with your Love so intense and pure.

Lord let your POWER to love and heal go forth from this Altar. Amen
(Recite the Chaplet of Divine Mercy for all the sick and suffering of the world)

DAY 8

CHRIST SPEAKS:

Little one come close up, sit close to me. Breathe in deeply my intense and unconditional love.

For you, I became Man

For you I lived

For you I died

For you I rose again.

For you I live here on this Altar.

I know the secret pain of every memory, the unseen fears hidden in the depths of your heart, the doubts, the anxieties, the despair in every heart before me. I know the hunger of the hungry, the tears of the lonely, the bitterness of the rejected and the anguish of the imprisoned. I have made every human pain and need my own; if only my power and love were known!

Come, please come, ask not only for yourself, but for others too. Bring me the hungry, the crippled, the fallen, the oppressed, the violent, the proud. Bring all people to me. I take no pleasure in the pain of my people. I have come to bring them redemption and salvation. Believe me, my child, be my Apostle in Prayer and Action.

REFLECTION

Ezek. 22:30

I looked for someone who could build a wall, who would stand in the place where walls have crumbled and defend the land when my anger is about to destroy it but I could find none.

Is 62:6

On your walls Jerusalem, I have placed sentries. They must never be silent, night or day. They must remind the Lord of His promises and never let Him forget them.

Job 42:10

After Job prayed for his three friends, the Lord made him prosperous again and gave him twice as much as he had before.

PRAYER

Lord, praise and thanks to you for all you have done for us. I can never doubt your love especially as I see you here on the altar. Raise the level of my awareness Lord that I may bring to you in Prayer, the needs of the world. Lord, you who fed the multitude have compassion on the hungry and those in financial distress, Meet their needs according to your riches in mercy. You came to bring peace and life and yet all around me, I see so much pain and violence, bloodshed and disaster. Who can save us from so much pain and despair, only you. Only you can drive off Satan and crush him. Because by your passion and cross, You have conquered Death and redeemed us.

Here on the altar your power is undiminished. Your Love is strong and everlasting. Heal us, forgive us, set us free, let the power of your love calm all anger. Heal all bitterness, silence all weapons of war, drive away from this earth demons of violence and torment. Set your people free
Oh Lord! Amen.

[Recite the Chaplet of Divine Mercy for the souls in purgatory]

DAY 9

CHRIST SPEAKS:

Rejoice my little ones and give thanks and praise. The time you have spent with me has not been in vain. How blessed are you to be alive.

The greatest blessing you have received is the gift of faith and faith will make you whole. You have already experienced the granting of favours, other requests made by you will be heard and answered on the way. I answer prayers, heal wounds, but once more I ask you to allow Me to do things My way-Allow me to answer prayers in My Way- in my time. Trust Me, I have an overall view of the entire situations, I can see ahead, I will never allow you unnecessary pain.

Come as often as you can. When you are very busy, at least drop in for a visit. I will always welcome you, teach you, possess you and set you free. I will fill you with my spirit and you will be able to go back into

your surrounding calm and peace, able to cope with problems of the day. I will be with you to calm every storm in your life.

You have in these last few days seen my power in action. Testify of my love and power, Tell to the others of my love for them in the Eucharist, of my power in the Eucharist and most important allow them to see Me, the gentle loving and yet powerful God, in your life.

Extend my invitation to others and come back my child. I have yet so much more in store for you.

REFLECTION:

Mt 11:28-29

Come to me all you who labour and are burdened and I will give you rest. Take my yoke upon you, for I am gentle and humble in spirit and I will give you rest.

1Pet 5:6-7

Humble yourself under the mighty hand of God so that He will lift you up in His own time. Leave all your worries with Him for He cares for you.

Numbers 6:24-26

May the Lord bless you and take care of you. May the Lord be kind and gracious to you. May the Lord look upon you with favour and give you peace.

Josh 1:9

Remember that I have commanded you to be determined and confident. Do not be discouraged or afraid, for I, the Lord your God, am with you wherever you go.

PRAYER

My Lord, you have touched My heart in these nine days with you. How good it is to dwell in the house of the Lord! Lord I praise you for all the peace and the blessings I have received (Recount the Blessings obtained).

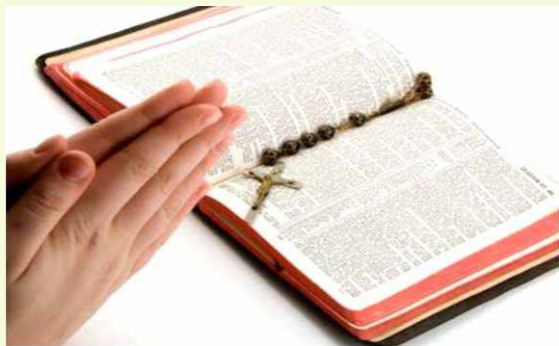
The Words you have given me are spirit and life. Truly Lord, I have been uplifted and revived. I came to you as a sinner, I came to you when my mind was battered by worries, when my spirit ached with loneliness and hurt, when my heart was

grieving for those I loved. I came at times when my body was weary with tiredness and pain.

You received me my Jesus, You offered me shelter in your Eucharistic Heart-You loved me and healed me and poured out your Spirit on me like rain. And now dearest Lord, with a heart full of gratitude I bow before you to say, Thank you. Amen

[Recite the Chaplet of Divine Mercy for all the souls who have become lukewarm and also thank God for all his abundant blessings]

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Daily prayers/Homework

Please do the Daily Prayers and Homework (p. 97-112) to grow in your spiritual life, to prevent self destruction and get all blessings from the Lord. All together there are 20 prayers in three groups of prayers. These are the three groups: Personal prayers, common prayers and special prayers.

I. Personal Prayers

1. Blessing prayer – CCCC 551;
2. Adoration – CCCC 552;
3. Petition – CCCC 553;
4. Intercession – CCCC 554;
5. Thanksgiving prayer – CCCC 555;
6. Praise – CCCC 556;
7. Vocal prayers – CCCC 569
8. Meditation – CCCC 570;
9. Contemplation – CCCC 571.

These are the 9 elements of personal prayers.

CCCC 550. What are the essential forms of Christian prayer? (CCC. 2643-2644)

They are blessing and adoration, the prayer of petition and intercession, thanksgiving and praise. The Eucharist contains and expresses all the forms of prayer.

CCCC 551. What is “blessing”? CCC. 2626-2627, 2645

The prayer of blessing is man's response to God's gifts: we bless the Almighty who first blesses us and fills us with his gifts.

CCCC 552. How can adoration be defined? CCC. 2628

Adoration is the humble acknowledgement by human beings that they are creatures of the thrice-Holy Creator.

CCCC 553. What are the different forms of the prayer of petition? CCC. 2629-2633, 2646

It can be a petition for pardon or also a humble and trusting petition for all our needs either spiritual or material. The first thing to ask for, however, is the coming of the Kingdom.

CCCC 554. In what does the prayer of intercession consist? CCC. 2634-2636, 2647

Intercession consists in asking on behalf of another. It conforms us and unites us to the prayer of Jesus who intercedes with the Father for all, especially sinners. Intercession must extend even to one's enemies.

CCCC 555. When is thanksgiving given to God? CCC. 2637-2638, 2648

The Church gives thanks to God unceasingly,

above all in celebrating the Eucharist in which Christ allows her to participate in his own thanksgiving to the Father. For the Christian every event becomes a reason for giving thanks.

CCCC 556. What is the prayer of praise? CCC. 2639-2643, 2649

Praise is that form of prayer which recognizes most immediately that God is God. It is a completely disinterested prayer: it sings God's praise for his own sake and gives him glory simply because he is.

CCCC 569. How can vocal prayer be described? CCC. 2700-2704, 2722

Vocal prayer associates the body with the interior prayer of the heart. Even the most interior prayer, however, cannot dispense with vocal prayer. In any case it must always spring from a personal faith. With the Our Father Jesus has taught us a perfect form of vocal prayer.

CCCC 570. What is meditation? CCC. 2705-2708, 2723

Meditation is a prayerful reflection that begins above all in the Word of God in the Bible. Meditation engages thought, imagination, emotion and desire in order to deepen our faith, convert our heart and fortify our will to follow

Christ. It is a first step toward the union of love with our Lord.

CCCC 571. What is contemplative prayer?
CCC. 2709-2719, 2724, 2739-2741

Contemplative prayer is a simple gaze upon God in silence and love. It is a gift of God, a moment of pure faith during which the one praying seeks Christ, surrenders himself to the loving will of the Father, and places his being under the action of the Holy Spirit. Saint Teresa of Avila defines contemplative prayer as the intimate sharing of friendship, "in which time is frequently taken to be alone with God who we know loves us."

9 Constituents of Homework which are to be completed for the effectiveness of personal prayers.

1. Repentance – p. 10
2. Reconciliation – p. 10
3. Faith in Jesus – p. 10
4. Personal living relationship with God – p. 10
5. Try to live according to the Word of God and Magisterium – p. 10
6. Receive Sacraments (Frequent reception of Communion and Confession) – p. 10
7. Do the 14 works of mercy – p. 11
8. Receive laying on of hands whenever possible – p. 11
9. Accept suffering not as given by God but as allowed for a better cause – p. 11

II. Common Prayers (p. 15 – 32)

Angelus Prayer – p. 2 (3 times a day)

1. Consecration prayer – p.15
2. Prayer for all – p.18
3. Protection and Deliverance Prayer – p. 18
4. Five Personal Prayers along with Chaplet – p. 23
5. Pray the Rosary with 5 intercessions and Liturgy of hours – p. 31
6. Reading the daily Gospel – p. 31
7. Meditation on that passage for five minutes – p. 31
8. Eucharistic Participation or Read Come to me Novena – p. 32 (63-96)

5 Constituents of Homework which will help us do the common prayers effectively.

1. Mk. 11:24 – Expectant Faith
2. Lk. 18:1-8 – Perseverance in prayer – e.g. Unjust Judge and widow – Pray unceasingly until you get the answer. (PUSH- Pray until something happens).
3. Lk.18: 9-14 – Avoid all self justification and repent. ('Have mercy on me Lord' attitude and awareness of personal unworthiness is the key to blessings).
4. Mt. 5:23-24 – Reconcile with your enemies before your prayer begins.
5. Lk.11: 5-8 – Importunity in intercession.

III. Special Prayers (If it is needed)

1. SPIRITUAL I.C.U. PRAYER (p. 32)

Nine days intense prayer is advised to overcome certain difficulties especially when facing serious problems, issues and sickness.

1. Nine chaplets of the Divine Mercy in a day.
2. Read nine chapters of the Gospel from St. Mathew to St. John continuously, in a day. Only nine Chapters, not nine chapters from each gospel.
3. One hour Eucharistic adoration daily for nine days.
4. One integral and sincere confession within nine days.
5. Eucharistic participation and communion for nine days continuously.

2. Deliverance Prayer By Laity (p. 35-40)

The Church allows lay people to pray this deliverance prayer when they are afflicted by black magic or sense the dominion of demons. This prayer is to be prayed after receiving the forgiveness of sins.

Exorcism prayer is allowed only by Priests. CIC 1172-1173 OR

Binding and Casting out Prayer

(It is valid only for you and only up to 1st degree of consanguinity)

I bind you the wicked spirit of _____ in the name of Jesus, and cast you out, and put you under the feet of Jesus (Heb 10:13), and all these spirits be there until the second coming of our Lord; let the Lord do Justice to you (Jude 1:8)

3. How to receive forgiveness of Sins (p. 34)

1. Decide not to enjoy the fruit of the sins again (Sir 37:17-18)
2. Lead a Holy life hereafter (Jn. 5:14)
3. Forgive your enemies (Mt. 6:14-15)
4. Make restitution (Lk. 19:1-10)
5. Do fasting prayer (Jonah 3:4-10)
6. Give alms (Tobit 4:10-11)
7. Confess to a priest (Jn 20:23, James 5:14-16). CIC 989 – bound to confess once in a year - CIC 988 – in kind and number. CCC. 305 says that always confess before receiving communion if there is mortal sin.

All non – Catholics may perform only six steps and barring the seventh one to receive forgiveness of sins.

Almost all your problems will be solved if you are doing the Home work every day (Pray nearly 2.40 hours a day and do the works prescribed). Then enjoy 13 blessings everyday (p. 7-9).

Homework

I. How to love God? If you love God all things will be turned in your favour (Rom. 8:28).

1. Keep the commandments – “All those who love God; must keep all the commandments of God (1 Jn. 5:3). Jesus said “If you love me you will keep all my commandments” (Jn. 14:15).
2. Love your enemies for 1Jn. 4:20 states that those who say, “I love God,” and hate their brothers or sisters, are liars; for those who do not love a brother or sister whom they see, cannot love God whom they have not seen and verse 21 adds that “the commandment we have from him is this: those who love God must love their brothers and sisters also.”
3. Love the Church (Acts. 9:4). Do not persecute the Church but love and foster the infrastructure of the Church. Without loving the Church nobody can love God. 1:24 says that the Church is the body of Christ (CCC 1264). All those who believe in Jesus; form the body of Christ. Therefore, one must love all Christian Denominations. Some of the Christian denominations may have full communion and others have only partial communion with the mother Church. But consider all those who believe in Christ as brothers and sisters (CCCC 163).

4. Take time out in prayer – Prayer is a relationship with God (CCCC 534). Prayer is a conscious, constant, conversation with God that will result in an intimate relationship with the Almighty. To establish this relationship and grow in this relationship please do the daily prayers and do the Homework very sincerely from Pages 97-112 of the Logos prayer book named “Infilling, healing and deliverance.”

II. These 4 methods will solve almost all problems in ones' life. One has to do only these 4 things to receive all blessings, all authorities and to enjoy all grades of relationships.

1. Hear the Word of God and read the Word of God (1 Cor. 1.21) and be the doers of the Word of God. Therefore please listen carefully to the proclamation of the Word of God as long as your problem persists.
2. Receive pastor's prayer (Gen. 20:17). Holy Mass is a general prayer for everybody by the pastors in the Church. So attend the Holy Mass daily if possible until your crucial problem is over.
3. Take Medicine (Sir. 38:1-14). And the application of available scientific methods is also needed to solve certain problems and to get healing in certain diseases.
4. Get anointed by the power of the Holy Spirit

(1 Jn. 2:27) through the daily prayers and homework as given in the Logos Prayer Book (p97-112).

These four methods will help us to grow in our spiritual life, to solve all problems and also prevent almost all problems in future.

Three Categories of People may not be healed or relieved immediately.

1. For those people whose time of death has come; which is predestined by God even before birth or before doing something good or bad (Ps. 139:16). Such people might not be healed. For them the sickness is only a preparation for their death and eternal life.
2. Holy Souls who have wonderful charisms, revelations and great joy in it and are called to challenge the devil and defeat the evil (2 Cor. 12:9) may not be healed. For ex. St. Little Theresa of Child Jesus, St. Alphonsa of Kerala, etc.
3. Those who are in need of increasing of their faith and who have a special call to receive powerful charisms in order to have a special ministry in the Church (1Pt. 4: 12–14). For ex. The man with the epileptic son prayed, “Lord increase my faith. And help my poor faith” (Mk. 9:24). Just after that prayer, his son was healed because Jesus increased his faith as he asked for.

These people have supernatural healings but natural healings do not take place in their lives. But the number of these three categories may be less than 1% of the total population.

III. All your actions should be guided by 5 Principles – such acts can then be called as acts of repentance (Mk. 1:15).

1. They should be for the Glory of God – 1Cor. 10:31.
2. They should be for the salvation of souls and bodies of others – Mt. 18:6.
3. They should be for self-sanctification – Mt. 16:26.
4. They should be in line with the words of Jesus and the Bible – Mt. 22:29.
5. They should adhere to the magisterial teachings – 1Thes. 2:13 (you have received our words as not our words, but as the Word of God).

If all these principles are the basis of an action, then that action can be considered as the right action. Therefore you can evaluate all your actions whether right or wrong on the lines of these five principles

IV. There are more than 10 Sources of Healings and Blessings in the Catholic Church. Therefore please make use of these 10 sources frequently.

1. God – Ex. 15:26 – I am the God who heals you. Medicine might fail but God never fails – One woman who had been suffering for 12 years of bleeding, though she spent all her money, did not receive any healing but Jesus healed her (Lk. 8:43-44).
2. The Word of God heals all diseases – Ps. 107:20.
3. Jesus in the Blessed Sacrament heals the sick (CCC. 1509).“Heal the sick ... the Church has received this charge from the Lord and strives to carry it out by taking care of the sick as well as by accompanying them with her prayer of intercession. She believes in the life-giving presence of Christ, the physician of souls and bodies. This presence is particularly active through the sacraments, and in an altogether special way through the Eucharist, the bread that gives eternal life and that St. Paul suggests is connected with bodily health”.
4. Some persons function as Healers (CCC 1508). “The Holy Spirit gives to some a special charism of healing, so as to make manifest the power of the grace of the risen Lord. But even the most intense prayers do not always obtain the healing of all illnesses. Thus St. Paul must have learnt from the Lord that “my grace is sufficient for you, for my power is made perfect in weakness,” and that

the sufferings endured could mean that “in my flesh I complete what is lacking in Christ's afflictions for the sake of his Body, that is, the Church.”

5. Saints, Relics and blessed objects have the power to heal the sick (LG. 11). Novena prayers and intercession to saints also have the power to heal the sick.
6. The intercession of the Blessed Virgin Mary especially in Velankanni, Lourdes and other Marian centers around the world are sources of healing. The Marian Rosary also heals many.
7. Pilgrim centers and certain other selective places also share the healing power of God (e.g. Jn. 5- Pool at Bethesda etc).
8. Medicine, Doctors, surgery etc too heal (Sir. 38: 1-14).
9. Our prayers and acts of faith have the power to heal our diseases. “Jesus prayed over him and applied saliva, water and mud to heal the sick and asked him to go wash.” The blind man was healed after doing all these acts (Mk. 8:22-24).
10. All 7 Sacraments especially the Confession and Eucharist have the power to heal almost all diseases. CCC. 295 says that confession and last sacraments are sacraments of healings.

V. Please do some Ministries in the Charismatic Renewal Movement – (pp. 12-14) according to the availability of your time, talent and treasure. You have received the gifts of the Holy Spirit to serve the Church through various ministries (CCCC 160)

1. Apostolic Ministry – Reserved for Bishops
2. Priestly Ministry – Reserved for priests
3. Ministry of the religious / consecrated people – Reserved for them only
4. Preaching Ministry -1 Cor. 9:16, Rom 10:15 – How beautiful are the feet of those who preach the gospel?
5. Counseling Ministry – Sirach 25:4-5
6. Intercession Ministry -1Tim. 2:1-3
7. Physical Healing Ministry – Mk.16:18, 1Cor.3:16 – Human body is the Temple of God.
8. Inner Healing Ministry- Ps.34:18
9. Deliverance Ministry – Lk.13:10-17
10. Financial Healing Ministry-Jos.1:8,Dt.28:1-14
11. Family Healing Ministry –Acts 16:31
12. Volunteers in Parish, Retreat Centers, Institutions etc
13. Teaching Catechism in the Parishes
14. Organizers of Prayer Groups, Bible Conventions, Retreats etc.
15. Service Ministry in Old Age Home, Home for Destitute , Health Centers, or Food

distribution for the poor etc

16. Music Ministry or Praise and Worship Ministry – 2 Kings 3:15
17. Ministry of Testimony – Acts 1:18
18. Promotional Ministry – Promoting people to attend Retreats – James 5:20
19. Media Ministry – like distribution of Christian Literatures, Audio Visual items, Bible Distribution, etc.
20. Tithing of time, talent and treasure – Philp. 4:16-20; Mal: 3:8-10; Gen. 14:17-20.

Please make use of all these provisions which God has arranged in the Church and in the world to heal you! And do all Daily Prayers and Homework from the Logos prayer book (p 97-112) to establish a wonderful relationship with Jesus, to grow in your spiritual life and to get all blessings, all authorities and to enjoy all grades of relationship with the Lord.

How to Save the Unsaved?

1. Consecration to Divine Mercy once and for all through the Divine Mercy Ark prayer.
2. Repeat Daily Consecration Prayer – p.15
3. Offer a Divine Mercy chaplet daily – p. 20-23

No Ancestral Curse affects you (Rom. 8: 1 and CCC 1472)

1. St.Thomas Aquinas says in Summa (1427-1429) – Fathers' sin will not affect the children

2. Ezekiel 18 :19 -23 says , there is no ancestral curse.
- 19 Yet you say, “Why should not the son suffer for the iniquity of the father?” When the son has done what is lawful and right, and has been careful to observe all my statutes, he shall surely live.
- 20 The person who sins shall die. A child shall not suffer for the iniquity of a parent, nor a parent suffer for the iniquity of a child; the righteousness of the righteous shall be his own, and the wickedness of the wicked shall be his own.

Abbreviations

1. CCCC- Compendium of the Catechism of the Catholic Church
2. CCC- Catechism of the Catholic Church
3. CIC- Codex Iuris Canonici (Code of Canon Law) Canon Law
4. P- Page from this book “ Infilling of the Holy Spirit ”
5. Prayers from Pp 35 to 40 taken from Exorcisms And Related Supplications (CCBI) Appendices II Pp 52 to 57

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PURPOSE OF THIS BOOK

It is to establish a strong and intimate eight dimensional relationship with Jesus Christ (abiding in him Jn. 15:7) or to strengthen the existing eight dimensional relationship with Jesus, through the 20 sets of prayers, 5 sets of home works and 14 steps of Constituent elements. The following eight dimensional relationship will help everyone to solve almost all their problems and get healing of all their diseases and above all, everyone will get a wonderful Pentecostal experience with an overflowing charisms, gifts and fruits of the Holy Spirit as it was in the apostolic time. Healing , Blessing, Anointing and so on are only by - products of our eight dimensional relationship with Jesus.

Following are the eight dimensional relationship with Jesus Christ

1. Followers- Mt 4: 23-25
2. Disciples – Lk 10:1
3. Apostles- Mt 10.1-2 and Mk 3:13-14
4. Friends and Brothers and sisters - Jn 15:16+ Jn 20:17
5. Co-workers of Jesus - 1 Cor 3:9
6. Ambassadors of the Jesus Kingdom - 2 Cor 5:20
7. Substitutes of Christ- Gal.2:20
8. Vine and branches, shepherd and sheep, bridegroom and bride like relationship- In 15: 5, 10:16, 2 Cor.11:2. This is the culmination of eight dimensional relationship.



“there is no limit to the divine mercy, which is offered to everyone... The Lord is always ready to roll away the tombstone of our sins, which separate us from Him, the light of the living.”

-Pope Francis



His Grace Bernard Moras

Archbishop of Bengaluru
(2004-2018)



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